**Parents and Students,**

Please read each piece of information below carefully. If you have any questions, feel free to call (515-242-7250) or email Ms. Kretschmer at [Kelly.kretschmer@dmschools.org](mailto:Kelly.kretschmer@dmschools.org).

**Attire/Uniforms:**

* Each participant will be issued a cheer uniform from Meredith. This includes a top shell, skirt, and jacket.
  + Each uniform needs to be complete with bloomers to wear under the skirts.
    - These bloomers need to be **purchased for $10** through the school. Bring your $10 to Ms. K or Ms. Farrell in the office.
  + CLEANING the UNIFORM – you can wash the uniform separately from other items on a DELICATE cycle. AIR DRY/HANG UP the uniform, do not put it in the dryer.
* Participants will be responsible for having a pair of tennis shoes to cheer in for ALL practices and games.
* Participants should have comfortable pants or shorts and a t-shirt to wear to practice.

**Schedule for practices/games:**

* Practice occurs every day EXCEPT Wednesdays and Game Days from 2:45-4:15.
  + Participants may ride the Activities Bus home at 4:30
* The Football Game Schedule is on the back of this page – our games are labeled as the HOOVER games.

**Paperwork:**

* Registration is online at tinyurl.com/MeredithRegistration
* Each participant must have a PHYSICAL on file with the nurse.
* Participants will not be issued a uniform until all paperwork is turned in.
* The Cheer Handbook needs to be reviewed and signed by the cheerleader at the first practice. It is available for parents to view on the Meredith Website.

**Game Day Expectations:**

* All Cheerleaders will wear their uniform throughout the day (black leggings/black or white long sleeve may be worn underneath) on game day
* Participants MUST arrive at the stadium ready to warm up 20 minutes prior to kickoff
* Transportation
  + Home Games – you are responsible for getting to/from the stadium
  + Away games – if you do not have transportation to/from the away stadiums, you may ride the bus with Ms. K and be picked up at Hoover.